

Xtreme Reading



The mission of *Xtreme Reading* is to empower adolescent learners to reach academic goals and to teach them the *strategies, habits of learning, and knowledge* regarding reading and literacy that are required to thrive in the 21st century. *Xtreme Reading* is a spiral curriculum comprised of eight foundational reading and motivation strategies delivered in a single school year. It entails explicit instruction in each strategy, guided practice, meaningful feedback, and independent practice in generalizing and combining strategies within and outside school.

Xtreme Reading is appropriate for students who exhibit:

- Poor reading fluency
- Small sight vocabularies
- Limited understanding of words and multiple word meanings
- Limited background and conceptual knowledge
- Demonstrate few skills in using strategies that enhance understanding and remembering of oral and written language

Systems should utilize measures that are currently used (end of year testing, localized assessments), additional assessments (e.g., the GRADE, AIMSWeb, etc.) or base decisions on IEP data. XR is appropriate for students who read at approximately a 4th grade level.

Xtreme Reading teachers follow detailed lesson plans that include a combination of the following instructional components: Warm-up, guided reading, whole-class strategy instruction, student practice activities, vocabulary activities, and end of lesson wrap-ups. The lesson format requires a rigorous pace including specific time allotments for all activities. The pace is designed to keep students engaged throughout the entire class period.

Xtreme Reading coaches can support teachers in the classroom setting through classroom observations, model lessons, feedback about effective instruction, student data review, and ongoing support for teachers and students.

The *Xtreme Reading* program provides an opportunity for students to become strong readers and stronger students. It lays the groundwork for success in school and opens the door to success in life.